

GYM Schedule



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
OPEN GYM 5:30-9:30am Court A	GYM CLOSED for Cleaning 5:30-6:00am	OPEN GYM 5:30 – 9:30am Court A	GYM CLOSED for Cleaning 5:30-6:00am	OPEN GYM 5:30 – 9:30am Court A	Open 8:00am GYM CLOSED For Cleaning 8:00-8:30am	Open 1:00pm
Private Program 7:30-9:30am Court B	Cardio Fusion* 6:00-6:45am Full Gym	Private Program 7:30-9:30am Court B	Cardio Fusion* 6:00-6:45am Full Gym	Private Program 7:30-9:30am Court B	OPEN GYM 8:00-9:20am Full Gym	OPEN GYM 1:00-5:50pm Full Gym
GYM CLOSED Class Set-Up 9:30 – 9:45am	OPEN GYM 7:00-8:15am Full Gym	GYM CLOSED Class Set-Up 9:30 – 9:45am	OPEN GYM 7:00-8:15am Full Gym	GYM CLOSED Class Set-Up 9:30 – 9:45am		
Sculpt * 9:45 – 10:25am Full Gym		Sculpt * 9:45 – 10:25am Full Gym		Sculpt * 9:45 – 10:25am Full Gym	Pickleball 9:30-11:30am Full Gym	
Stretching * 10:30 – 11:00am Full Gym	TRX Training* 8:30-9:30am Full Gym	Stretching * 10:30 – 11:00am Full Gym	TRX Training* 8:30-9:30am Full Gym	Stretching * 10:30-11:00am Full Gym		
OPEN GYM 11:05 – 11:55am Full Gym	Pickleball 9:45-11:45am Full Gym	OPEN GYM 11:05 – 11:55am Full Gym	Pickleball 9:45-11:45am Full Gym	OPEN GYM 11:05-1:05pm Full Gym		
Bootcamp * 12:10-12:50pm Full Gym	OPEN GYM 12:15-1:15pm Full Gym	Bootcamp * 12:10-12:50pm Full Gym	OPEN GYM 12:15-1:15pm Full Gym			
Quicksilver* 1:15-2:15pm Full Gym	Krocodile Volleyball 1:30-3:30pm Court B	Quicksilver* 1:15-2:15pm Full Gym	Krocodile Volleyball 1:30-3:30pm Full Court	Quicksilver* 1:15-2:15pm Full Gym	OPEN GYM 11:40-6:50pm Full Gym	
GYM CLOSED For Cleaning 2:15-3:00pm	OPEN GYM 1:30-5:00pm Court A	GYM CLOSED For Cleaning 2:15-3:00pm	OPEN GYM 3:30-5:00pm Court A	GYM CLOSED For Cleaning 2:15-3:00pm		
OPEN GYM 3:00 – 4:50pm Court A		OPEN GYM 3:00 – 4:50pm Court A		OPEN GYM 3:00-5:00pm Court A		
Boys and Girls Club 3:00-5:00pm Court B	Boys & Girls Club 3:00 - 5:00pm Court B	Boys & Girls Club 3:00-5:00pm Court B	Boys and Girls Club 3:00-5:00pm Court B	Boys and Girls Club 3:00-5:00pm Court B		
TRX Training * 5:00 – 5:45pm Full Gym	OPEN GYM 5:00-6:50pm Full Gym	TRX Training * 5:00 – 5:45pm Full Gym	Youth B-ball League 5-8pm Full Gym	OPEN GYM 5:00-8:50pm Full Gym		
Youth B-ball League 6:00-8:00pm Full Gym	Young Adult Night Volleyball 7:00-9:00pm Free Ages 18-34	Youth B-ball League 6:00-8:00pm Full Gym				
OPEN GYM 8:10-8:50pm Full Gym		OPEN GYM 8:10-8:50pm Full Gym				
Close 9:00pm	Close 9:00pm	Close 9:00pm	Close 9:00pm	Close 9:00pm	Close 7:00pm	Close 6:00pm

*Denotes Fitness Class Court A (West): Closest End Court B (East): Farthest End
 Gym subject to closures throughout the year. Closure dates and times will be posted on Gym Doors and the Kerrville Kroc Facebook page.
 Contact Kroc Center Welcome Desk (830) 315-5762 for Sport League times, dates, etc.

Gym Closures:

Full Gym Closed - Saturday, October 10, 9-6pm - Adult Volleyball Tournament
Full Gym Closed - Friday, October 9, 4:00-9pm - Krocodile Volleyball
Court B Closed - Tuesday, October 13, 4:30-8pm - Kid's Archery Class
Full Gym Closed - Friday, October 16, 4:00-9pm - Krocodile Volleyball
Full Gym Closed - Friday, October 23, 4:00-9pm - Krocodile Volleyball