Join us for our 34th annual Circle of Service Dinner

An Evening of Entertainment

Thursday, May 16, 2019

Featuring

DAMIEN HORNE
SINGER-SONGWRITER

JONNIE W
CHRISTIAN COMEDIAN

Ray & Joan Kroc Corps Community Center
201 Holdsworth Drive • Kerrville • Call 830-315-5762 for more information
In 1998, Joan Kroc, widow of McDonald’s founder Ray Kroc, donated $90 million to The Salvation Army to build a comprehensive community center in San Diego, California. Her goal was to create a center, supported in part by the community, where children and families would be exposed to different people, activities and arts that would otherwise be beyond their reach.

When Mrs. Kroc passed away in October 2003, she left $1.5 billion — much of her estate — to The Salvation Army. The gift was specifically designated to build a series of state-of-the-art Salvation Army Ray and Joan Kroc Corps Community Centers nationwide, patterned after the San Diego center. To date, there are 26 Kroc centers nationwide.

Kerrville’s Kroc Center opened its doors in November 2010, and is the only Kroc center in Texas. Operating costs for the center are funded by sales of memberships, rentals, and events. Donations made to The Salvation Army continue to solely fund social service programs and outreach.
The Salvation Army Ray & Joan Kroc Corps Community Center

Kerrville’s Kroc Center opened its doors in November of 2010, and is the only center in Texas. Our 48,000-square-foot facility is nestled on a 16-acre campus. In keeping with Joan Kroc’s vision, the Kroc Center provides a variety of programs for individuals of all ages and from all walks of life, aimed to strengthen families and enrich the lives of youth, adults and seniors. When you join the Kerrville Kroc Center, you’re not only exercising your body, you’re exercising compassion by helping The Salvation Army meet the needs of our own community. Operating costs for the center are funded by sales of memberships, rentals, and events. Donations made to The Salvation Army continue to solely fund Social Service programs and outreach.

Facility Highlights

Fitness center
Gymnasium
Cafe
Dance/Exercise Studio
Classrooms

Dining Hall
Child Watch
Teen Lounge
Tween Lounge
Arts & Crafts Room

Chapel
16,000-square-foot outdoor pool deck
with two warm water pools, water slides, splash park, rock wall & shade structures

Worship — 8-9
Church Services
Bible Studies
Men’s & Women’s Groups

General Info & Membership — 10-11
Facility Hours
Membership Fees
Policies & Information
.8-mile outdoor track

Fitness — 13-15
Personal Training
Group Fitness Classes

Sports & Recreation — 16-17
Youth & Adult Leagues
Archery
Camps
Pickleball

Aquatics — 18-20
25-Yard Heated Lap Pool
Group Swim Lessons

Parties & Events — 21
Savings Coupon

Boys & Girls Club — 22
After School Camps

Teens — 23
Teen Academy
Teen Lounge
Junior Staff

Kroc School of Music — 24
Group & Private Lessons

Youth — 25
Child Watch
Tween Lounge
Cub Scouts
Operation: P.L.A.Y.

Community Programs — 26
Family Archery
Family Game Night
Family Movie Night
Operation: Family P.L.A.Y.

Volunteers — 27
Volunteer Opportunities
SOCIAL SERVICES CENTER
855 Hays Street • 830-257-3620
Provides Assistance with:
• Emergency Rent
• Emergency Transportation
• Emergency Food Pantry
• Emergency Dental Clinic
• Daily Bread Distribution
• Clothing Vouchers

PATHWAY OF HOPE
This initiative moves families from crises and vulnerability to stability and self-sufficiency, tracking progress along the way.

RED SHIELD LODGE
Emergency night-time shelter and soup kitchen; opens at 6 pm and dinner is served at 6:30 pm

RECONNECT PROGRAM
Provides free alcohol and substance rehabilitation services. A 90-day minimum program.

Hours
Monday-Thursday: 8 am-4 pm
Friday: 8 am-12 pm

Financial Assistance
Monday-Thursday: 9 am-12 pm

COMMODITY PROGRAM
Food assistance
9 am-12 pm, first & third Saturday of each month

OTHER SERVICES
• Emergency Disaster Services
• Back To School Assistance
• Community Thanksgiving Meal
• Christmas Angel Tree Program

Lives are changed every day by The Salvation Army

FAMILY STORE
500 JEFFERSON STREET • KERRVILLE, TX 78028 • PHONE: 830-315-5776

DONATE GOODS
Donations Accepted
Monday-Saturday, 9 am to 4 pm

Call 830-257-3620
to schedule a donation pickup

VOLUNTEER!
(830) 315-5776
• Test Appliances
• Sort Donations
• Hang Clothing
• Organize Items

SHOE . BOOKS . TOYS . AUTOS . FURNITURE . CLOTHING . MUSICAL INSTRUMENTS . BOATS . TOOLS . HOUSEHOLD ITEMS . COMPUTERS . ELECTRONICS . APPLIANCES in working order

SHOP WACKY WEDNESDAYS!
WHEN EVERYTHING IS 50% OFF

SHOP SENIOR TUESDAYS
60+ YEARS RECEIVE 15% OFF

SHOP COLOR TAG OF THE WEEK
50% OFF

SHOP
Monday-Saturday
9 am to 5 pm
CLOSED SUNDAY

FOLLOW US ON FACEBOOK
www.facebook.com/kerrvillefamilystore
OPERATION: P.L.A.Y.
Promoting Lifetime Activity for Youth

A FITNESS PROGRAM FOR KIDS!

Want something for your kids to do while you work out? Sign them up for OPERATION: PLAY!

Kids fitness classes
Ages: 7-12 years old
Days & Times: Tuesdays & Thursdays, 5:30-6:30 pm

Your kids will join our certified fitness staff for fun yet energetic workouts to help them stay healthy!
Free with family membership!

Workouts include:
Active games, wild challenges and crazy competitions

Contact (830) 315-5762 or (830) 315-5764 for more info

Make Plans for the Boys & Girls Club

Summer Day Camp
All the Boys & Girls Club benefits in a Day Camp!

- Breakfast, Lunch and Snack provided!
- Swimming twice a week!
- One field trip a week at no additional charge!
- Vacation Bible School also included!

Registration for current BGC Members: Wednesday, April 22, 3-6 pm
Registration for New/Inactive Families: Saturday, April 25, 9 am-12 pm
Fee: $30 Registration (at April registration — late registration is $40)
Weekly Camp Fee: $100 per child
Days and Time: Monday- Friday 7:30 am-6:30 pm; during KISD summer break

GREAT FUTURES START HERE.
Meet Captains David and Beth Swyers. They are the pastors and administrators of all the operations of The Salvation Army in Kerr County. They have been serving, along with their family, in Kerr County since the Summer of 2017. The Captains are both ordained ministers and shepherd the church (Corps) located inside The Salvation Army Kroc Center.

A fresh calendar motivates many to resolve to change habits and/or attitudes. There is hope that “this year” will be different. “In the beginning God created the heavens and the earth.” Genesis 1:1 reminds us that the beginning of creation (new life) begins with God.

We know that the acceptance of the Gospel is the true “new beginning” for everyone, regardless of the time of year. At the Salvation Army Kroc Center, the start of a new year is a new beginning, but our mission never changes. We are resolved to preach the Gospel of Jesus Christ and to meet human needs in His name without discrimination.

Although resolutions are often broken soon after a New Year starts, Jesus’ life and example can encourage us. He stayed the course.

From the time we read in the Bible, “and He said to them, why did you seek me? Did you not know that I must be about my Father’s business?” to the end of His earthly life where the apostle Luke records, “As the time drew near for him to ascend to heaven, Jesus resolutely set out for Jerusalem.” Jesus never lost sight of His mission and purpose.

Here at the Salvation Army Kroc we are resolved to “our Father’s business,” daily determined to pray faithfully for His plans. Will you join us in this resolution too?

David & Beth Swyers
Captains David and Beth Swyers
Kroc Center Administrators & Sr. Pastors
WORSHIP

SUNDAY MORNINGS AT 11 AM
IN THE KROC CENTER CHAPEL
KROC WORSHIP MISSION
Live Intentionally and Love Biblically

KROC WORSHIP VISION
To be an outward focused community of believers. Deeply rooted in the Word of God. Committed to serving, nurturing and loving people toward a devoted relationship with Jesus Christ.

WORSHIP WITH US
Looking for a place to Worship? Join us on a Sunday morning! Among our congregation you will find people from all walks of life, different cultures, different denominational backgrounds, and different upbringings, but all with a united focus of worshiping God.

SUNDAY
9:00 am  Breakfast
9:45 am  Sunday School
11:00 am  Worship

SMALL GROUPS, BIBLE STUDY & FELLOWSHIP

Club 3:16
Club 3:16 is Bible-based curriculum similar to scouting. The children learn life skills and character building through life lessons and activities earning them badges. Meets Tuesday from 4-5 pm. Transportation after school available.

F.E.A.S.T.
Families Eating And Studying Together. Bible study and dinner at 6 pm Wednesdays.

Men's Bible Study
Open to all men. Meets Wednesday at 10 am in the Admin Conference Room.

Men's Fellowship
For men ages 16 and up. Men coming together to have fun. Meets at 7 pm on Thursdays.

Women's Ministries
For all women. Includes education, service, fellowship, and worship programs at 11 am Wednesdays.

Young Adult Night: Fellowship on the Hill
An opportunity for area young adults to fellowship through prayer devotions and volleyball. Open to all ages 18-35, every Tuesday at 7:30 pm in the gym. Check our Facebook page “Fellowship on the Hill: Young Adult Night” for the entry password.

Come hungry for the F.E.A.S.T!
Families Eating & Studying Together.
Bible study & dinner
6 pm every Wednesday

At the Kroc Center, intentional living starts with deciding to get more engaged...

So, we’ve developed a number of elements to help families mature and grow spiritually through weekly character development programs. These programs are broken up into age appropriate groups with impassioned leaders who love God and the people they guide. Our objective is to meet people where they are spiritually and provide opportunities for growth in every aspect of life. In addition to the physical wellness programs offered at the Kroc Center, the Kroc focuses on spiritual wellness.
MEMBER SERVICES

WELCOME to the Kerrville Kroc Center!
Our hours from September-April are:
Monday-Friday: 5:30 am-9 pm
Saturday: 8 am-7 pm
Sunday: 1-6 pm

Our hours from May-August are:
Monday-Friday: 5:30 am-10 pm
Saturday: 8 am-8 pm
Sunday: 1-7 pm

MEMBERSHIP BENEFITS
With membership in the Kroc Center you will receive:
• 50+ fitness classes and MANY Fitness On Demand classes
• 15% discount at the Family Store
• 10% discount on birthday parties
• Unlimited use of on-site Child Watch & Tween Lounge with a family membership
• Discounts for Victory Sports Leagues & Camps, Kroc School of Music & Aquatics Programs
• Kids and Family Fitness programs
• Waterpark and Pool access

SCHOLARSHIP PROGRAM
The Kroc Center provides scholarships for membership, sports leagues, aquatics, performing arts and The Salvation Army Boys & Girls Club. Scholarships are awarded based on financial need.

CONTACT US
830-315-KROC (5762) phone
830-315-2901 fax
kerrvillekroc.welcomedesk@uss.salvationarmy.org
201 Holdsworth Drive
Kerrville, TX 78028

Visit our website: kerrvillekroc.org for current hours, schedules and events.

### Summer Membership Special

**AVAILABLE ENTIRE MONTH OF MAY**

• **ALL MONTH — $49 Initiation Fee**
  4-Month Auto-Draft Commitment (same rates as annual auto draft), must cancel membership by July 10 to stop auto-draft

• **MAY 2 – SUMMER KICK-OFF PARTY:** food, prizes, 1/2 off day passes • No Initiation fee – One Day Only

---

### Annual Membership Fees ($39 Initiation Fee) Prepaid

<table>
<thead>
<tr>
<th>Membership</th>
<th>Youth (ages 1-18)</th>
<th>Adult (ages 19-61)</th>
<th>Senior (ages 62 &amp; up)</th>
<th>Family (up to four)</th>
<th>Family (five or more)</th>
<th>Adult Couple (ages 19-61)</th>
<th>Senior Couple (ages 62 &amp; up)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth (ages 1-18)</td>
<td>$25 per month</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adult (ages 19-61)</td>
<td></td>
<td>$41 per month</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Senior (ages 62 &amp; up)</td>
<td></td>
<td></td>
<td>$35 per month</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Family (up to four)</td>
<td></td>
<td></td>
<td></td>
<td>$93 per month</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Family (five or more)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>$115 per month</td>
</tr>
<tr>
<td>Adult Couple (ages 19-61)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>$75 per month</td>
<td></td>
</tr>
<tr>
<td>Senior Couple (ages 62 &amp; up)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>$65 per month</td>
</tr>
</tbody>
</table>

### Three-Month Membership Plan ($39 Initiation Fee)

<table>
<thead>
<tr>
<th>Membership</th>
<th>Youth (ages 1-18)</th>
<th>Adult (ages 19-61)</th>
<th>Senior (ages 62 &amp; up)</th>
<th>Family (up to four)</th>
<th>Family (five or more)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth (ages 1-18)</td>
<td>$103</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adult (ages 19-61)</td>
<td>$171 ($326 for Couple)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Senior (ages 62 &amp; up)</td>
<td>$146 ($282 for Couple)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Family (up to four)</td>
<td></td>
<td>$429</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Family (five or more)</td>
<td></td>
<td></td>
<td>$483</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Daily Entrance Fees (No Initiation Fee)

<table>
<thead>
<tr>
<th>Membership</th>
<th>Youth (ages 1-18)</th>
<th>Adult (ages 19-61)</th>
<th>Senior (ages 62 &amp; up)</th>
<th>Guardian (Non-Swimmer)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth (ages 1-18)</td>
<td>$4</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adult (ages 19-61)</td>
<td>$8</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Senior (ages 62 &amp; up)</td>
<td>$7</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Guardian (Non-Swimmer)</td>
<td></td>
<td></td>
<td></td>
<td>$4</td>
</tr>
</tbody>
</table>

### Punch Cards (No Initiation Fee)

<table>
<thead>
<tr>
<th>Membership</th>
<th>Youth (ages 1-18)</th>
<th>Adult (ages 19-61)</th>
<th>Senior (ages 62 &amp; up)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth (ages 1-18)</td>
<td>$18 - 6-day</td>
<td>$36 - 12-day</td>
<td></td>
</tr>
<tr>
<td>Adult (ages 19-61)</td>
<td>$42 - 6-day</td>
<td>$78 - 12-day</td>
<td></td>
</tr>
<tr>
<td>Senior (ages 62 &amp; up)</td>
<td>$36 - 6-day</td>
<td>$69 - 12-day</td>
<td></td>
</tr>
</tbody>
</table>
## Policies and Information

### Use of Facilities
Public drop-in access is intended for inclusive recreational use; any external person or group training/coaching is prohibited. Contact rental department for specific group requests.

### Lockers
Lockers are available at no charge. Members are responsible for supplying their own lock and clearing the locker after each use. No overnight storage. Any leftover locks may be cut and contents removed. Having a lock is highly recommended. The Salvation Army is not responsible for lost or stolen items.

### Cell Phone
For the enjoyment of all we ask that guests refrain from verbal use of cell phones or other electronic media within common areas that have other patrons present, including fitness areas and locker rooms. Within Fitness Area no texting, downloading, etc. We ask that you step away from the area if you need to accept a call or text. Electronic devices may be used for listening to music if used with an ear bud. All electronic devices are to be on vibrate only at all times while in the Center.

### Program Interruptions
Program interruptions may occur including rental of facilities, and unannounced and unforeseen pool and fitness class closures. The Kroc Center will update members as best possible. If an instructor is absent, all attempts will be made to find a substitute. For fitness classes this may include the substitution of a different genre or use of Fitness on Demand.

### Cameras
No picture taking is allowed at the Kroc Center without the express consent of The Salvation Army. Violations, in particular within aquatics or locker rooms, can be cause for immediate removal from the premises.

### Lost and Found
Lost and found items are kept for 4 weeks. After that time the items will be donated to The Salvation Army Family Store.

### Conduct
All patrons are expected to conduct themselves in a proper manner at all times. Violators, including those who use offensive language, may be removed and/or barred from the facility. Patrons are to be fully engaged in activities of the designated area, including gym and fitness areas. Lobby area is restricted to short-term use by patrons. Center staff reserves the right to define proper conduct and use of areas.

### Fragrances
For the comfort of all, please refrain from excessive use of perfumes, cologne and powders.

### Attire
Appropriate attire must be worn at all times. Revealing attire is not allowed. Appropriate fitness attire, including shoes and a shirt, must be worn at all times in all fitness areas. Designated swim attire in pools only — no cut-off shorts or colored t-shirts.

### Youth Policy
For the safety and security of all children taking part in Kroc Center activities, please be aware of the age restrictions for certain programs. Please review the Age Guidelines chart below. Guests under the age of 13 must be accompanied by an adult. Guests under the age of 18 must be participating in a structured activity while at the Center. No loitering will be permitted in lobby and gathering areas. Lobby area is restricted to short-time use by patrons. Center staff reserves the right to define proper conduct and use of the areas.

### Day Pass Users
Identification is required on all day pass users and spectators 18 and older. Facilities and/or activity use of Day Pass Users may be restricted at times.

### Family Membership
A family membership is defined as a Primary member, spouse and any children under the age of 19. All adults 19 or older must have their own membership. Proof of residence is required.

### Family Locker Room
The Family Lockers are intended for use by families with young children. The Locker Rooms are also equipped with handicap accessible showers and toilets.

### Manager’s Discretion
It is at the discretion of the management to ask patrons to modify their behavior and/or actions in order to maintain the safety and integrity of the Kroc Center. If compliance is not met, patrons may be asked to leave. This may result in loss of facility and membership privileges.

## Age Guidelines • General Facility Use

<table>
<thead>
<tr>
<th>Area</th>
<th>Ages Allowed</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fitness Area</strong></td>
<td>- Children Age 11 and younger are not allowed</td>
</tr>
<tr>
<td></td>
<td>- Children Age 12-15 are allowed with an adult present</td>
</tr>
<tr>
<td></td>
<td>- Children Age 16 and older allowed without an adult present</td>
</tr>
<tr>
<td><strong>Open Swim</strong></td>
<td>- Children Age 12 and younger must have an adult present</td>
</tr>
<tr>
<td></td>
<td>- Children Age 13 and older may attend without an adult present</td>
</tr>
<tr>
<td><strong>Gymnasium</strong></td>
<td>- Children Age 8 and younger are not allowed without adult supervision</td>
</tr>
<tr>
<td></td>
<td>- Children Age 9-12 are allowed with an adult present in facility</td>
</tr>
<tr>
<td></td>
<td>- Children 13 and older allowed without an adult present</td>
</tr>
</tbody>
</table>

**“Adult”** is defined as someone 17 years old or older.

For the safety and security of all members, please be aware of these age guidelines.
A free year-long program focusing on four areas of wellness:

Physical • Spiritual
Mental • Helping Others

“Kroc Fit” is for qualified candidates who can earn up to eight months membership, plus up to 32 hours with a trainer absolutely free.

The Daniel Plan is a video-based, healthy living program founded on Biblical principals and focuses on the essentials of “Faith, Food, Fitness, Focus and Friends.” Group meetings are free and open to the public.

Join local medical professionals and the Kroc Center personal trainers as they discuss current issues in health, fitness, nutrition and wellness at the monthly lectures. A salad lunch is provided. Lectures are free and open to the public.

Help The Salvation Army “Do The Most Good” in our local community by volunteering your time and talents for worthwhile projects designed to reach out and help others.

Visit the Kroc Center Fitness Department for more details.

Thinner Winner 10% Off Challenge

Recent university studies suggest that by simply losing 10% of your body weight, you can lessen the loads on joints, and improve cardiovascular function, glucose regulation, and cholesterol levels — not to mention simply feeling and looking better!

The goal of our Thinner Winner 10% Off Challenge is to do just that! Lose 10% of your bodyweight over 90 days! What does 10% look like? For a 200-pound man, that would be 20 pounds! For a 130-pound woman, 13 pounds! Participate in our member challenge and receive regular workout and diet tips, special recipes and weekly motivation to drop the weight, and keep it off! Participants who successfully complete the challenge will be eligible for some amazing prizes! This could be the beginning of a whole new you! Challenge starts Jan. 6, 2020. Registration begins Dec. 9, 2019. Registration forms available at the Kroc Center Welcome Desk.

Start the year off right! Commit to take 10% off and be a Thinner Winner by March!
Detailed Equipment Orientation

Learn how to use fitness equipment/machines safely! Learn what machines do, how to adjust to your needs, and safe form. Trainers will answer questions and determine what’s safe for you.

Members: $20
Non-Member guests: $50

Let’s Get Started

Start your initial fitness program off on the right foot! Receive a 30-minute fitness assessment, plus four 30-minute workout sessions with a trainer, all customized to your specific needs, abilities, limitations and goals.
Join the exercise movement!
All group exercise classes are **FREE** with membership!

**AB Attack**
*Intermediate-Advanced*
Attack your ab muscles through high-intensity, isolation exercises.

**Abs w/Glutes**
*Beginner-Intermediate*
This class will strengthen, firm up and shape your core like no other!

**AM HIIT**
*Intermediate-Advanced*
A total body, heart pumping, aerobic and strength conditioning workout. This interval-based class combines full-body strength training with high intensity cardio bursts designed to tone your body, improve your endurance.

**Barre**
*Beginner-Advanced*
Combines elements of Pilates, yoga, ballet, and weight training into a full-body workout. Using the ballet bar, light dumbbells, stability balls, resistance bands, bodyweight, and isometrics, you’ll strengthen the long, streamlined arm and leg muscles of a dancer, burn fat, flatten your abs and improve your core, stability and balance.

**Bootcamp**
*Intermediate-Advanced*
Move through a challenging circuit-training obstacle course that provides a total-body, competition workout.

**Cardio Kickboxing**
*Intermediate-Advanced*
A cardiovascular workout with a mixture of boxing, martial arts and aerobics.

**Core & More**
*Beginner-Advanced*
Strengthen the muscles that wrap around the midsection of the body. Build a more powerful torso which helps improve posture, stability, balance and provides a strong foundation for an active, daily life.

**Gentle FUNctional Strength**
*Beginner*
Improve muscular strength, toning & stamina while building a foundation of cardio endurance, basic everyday movement skills, balance and flexibility.

**Indoor Cycling**
*Beginner-Advanced*
Put the pedals to the metal in this fast-paced workout on a stationary bike. Climb, sprint, interval and more to incredible music with extraordinary instruction! Get an amazing workout while burning a ton of calories.

**Quicksilver**
*Beginner*
Balance, Strength & Fall Prevention for Seniors: Learn how to stabilize and balance while using full-body strength, core strength and proprioception training techniques.

**Sculpt**
*Beginner-Intermediate*
Full-body, strengthening & toning class is designed to sculpt long, lean, cut muscles without adding bulk or mass. Weights, cardio & abs.

**Stretching 101**
*Beginner*
This relaxing and restorative class involves deep, relaxing breathing, combined with deep stretching. Props may be used to facilitate a deeper stretch.

---

**FITNESS CLASSES**

**MEET OUR GROUP INSTRUCTORS**

Dan Seale  
Edie Jones  
Catherine Fahey  
Corrinne Delabarre  
Sarah Hueber  
Elisabeth Yoder  
Kristen Crandall  
Brandy Blocker  
Kelli Goldsberry  
Denise Pfeil  
Luisa Molina  
Paula Reynolds  
Elizabeth Byers  
Sarah Segura  
Tamra Rowe  
Judy Harder  
Sara Evans
TRX Suspension Training/TRX-tra
*Beginner-Advanced*
Suspension trainer leverages bodyweight through hundreds of functional exercises that build strength, balance flexibility, explosiveness and joint mobility. “TRX-tra” involves a hybrid of traditional TRX moves with bootcamp, HIIT and Tabata style exercises that increase intensity and elevate fitness even further.

Zumba®
*Beginner-Advanced*
A mix of freestyle and hip-hop, Latin/salsa dance moves. Tone and sculpt every part of your body.

**YOGA CLASSES**

Chair Yoga
*Beginner*
Everything is done from the support of chair. Gentle yoga, stretching and relaxation techniques that will lengthen your muscles, strengthen your core, and provide a relaxing “re-set” to your day.

Vinyasa Flow Yoga
*Beginner-Intermediate*
Strength-building yoga exercises that focus on the core, with a handful of asanas to increase flexibility.

Yoga
*Beginner*
For all levels of yoga students. No prior knowledge of yoga is necessary. Reduce stress, increase strength & flexibility, improve balance and focus, lower blood pressure, improve circulation, and live a healthier lifestyle.

**FREE**
1-hour Fitness Assessment & Session with a Certified Personal Trainer
...for all new Annual Members.
See the Front Desk for more information.

**community ZUMBA® events**

Reliving the 1980s
Thursday, February 27, 5:30-7:30 pm
Bring Individually wrapped candy for the 25,000 Easter Eggs at Easter Eggstravaganza!

Cinco de Mayo
Tuesday, May 5, 5:30-7:30 pm
Social Service Canned Food Drive. Let’s refill the emergency food pantry.

**FOD Virtual Classes**
Don’t see the class you want at the time you want? Your instructor not able to make your class and don’t want to miss out on your workout? Check out our Fitness on Demand for a list of 100+ classes to choose from.
SPORTS & RECREATION

DIFFERENT TEAMS, SAME MISSION

Through our actions and attitudes, we aim to glorify the Lord in all we do — even sports! Participants in our sports and recreation programs receive a uniform shirt, a Bible, an award ceremony, and the opportunity to order professional league photos!

YOUTH LEAGUES

Youth Volleyball League
Season: Jan. 18-March 8
Assessment: Jan 18
Practices: one hour each week Monday-Thursday
Games: Saturday morning
Ages: 7-15 Coed
Registration fees: $50 for Kroc or BGC members, $60 for potential members
Registration ends: Jan. 18

Youth Indoor Soccer League
Season: June 25-Aug. 16
Assessment: June 25
Practices: one hour each week Monday-Wednesday
Games: Thursday evening
Ages: 3-13 Coed (3-4 will be a developmental age group)
Registration fees: $50 for Kroc or BGC members, $60 for potential members
Registration ends: June 25

Youth Indoor Soccer 3 to 4-year-old Developmental Indoor Soccer
Season: March 31-April 28
Meet once a week: Monday-Thursday
Ages: 3-4 co-ed
Registration: $35 for Kroc or BGC members, $45 for potential members
Registration ends: March 31

4 to 6-Year-Old T-Ball
Season: March 9-April 10
Meet once a week: Monday-Thursday
Ages: 4-6 co-ed
Registration: $35 for Kroc or BGC members, $45 for potential members
Registration ends: March 9

Youth Flag Football League
Season: March 28-May 17
Assessment: March 28
Practices: one hour each week Mon-Thur
Games: Saturday morning
Ages: 5-12 co-ed
Registration fees: $50 for Kroc or BGC members, $60 for potential members
Registration ends: March 28

ADULT LEAGUES

Adult Volleyball League
Season: March 16-May 4
Games: Monday and/or Wednesday nights
Ages: 16+ co-ed
Registration: $280 per team
Registration ends: March 9

Adult Indoor soccer
Season: July 6-August 28
Games: Monday and/or Wednesday nights
Ages: 16+ co-ed
Registration: $280 per team
Registration ends: June 29

RECREATION

Pickleball
Days: Tuesday and Thursday, 9:45-11:45 am, Saturday, 9:30-11:30 am

Open Gym Times
See Front Desk for times

Young Adult Night Volleyball
Ages: 18-35
Days: Tuesday 7:30-9:45 pm

Contact 830-315-5766 for more information
RECREATION continued

Archery
The Salvation Army and our certified Archery instructors invite you to join us in our 2-hour Archery Clinics. Archery challenges you physically and mentally and is a sport that allows anyone to excel regardless of athletic ability. It provides opportunities for personal growth and encourages family involvement. We hope it will also become a tool for building your corps programs and introducing people to Jesus.
Ages: 10-15 years old
Days: January 15 and May 20
March 18: Family Archery (5-15 years old)
Time: 5:30-7:30 pm
Fee: Kroc/BGC Members = $25
Non-members = $35

Volleyball Camp
Dates: July 21-24
Ages: 8-13 co-ed
Registration fees: $55 for Kroc or BGC members, $65 for potential members

Basketball Camp
Dates: July 7-10
Ages: 8-13 co-ed
Registration fees: $55 for Kroc or BGC members, $65 for potential members

CAMPS

Operation P.L.A.Y. Camp
This kids’ fitness and sport camp is a fun-filled week of physically active games and sporting activities where kids ages 7-12 learn Christian-value centered approach toward taking care of their physical bodies, and learn life lessons centered around good sportsmanship. Fitness sessions include cardiovascular stamina, flexibility, core strength, body control, balance and agility training. Sports sessions include basketball, soccer, and kickball.
Dates: June 16-19
Registration fees: $50 for Kroc or BGC members, $60 for potential members

KROCODILE homescool ATHLETICS

We offer high school Varsity/JV level athletic teams to Kerrville-area homeschool families – in boys basketball and girls volleyball. Kroc teams operate within the context of a strong Christian environment and influence, seeking to guide each student’s character development as well as their athletic development.

Volleyball Season:
August-October 2020
Ages Accepted: 13-18. Due to the more advanced level of competition, players younger than 13 are encouraged to participate in the Kroc Center’s Victory Sports Leagues.

For more information, contact the Krocodile Athletics Director, Lance Wilke, at (830) 315-5764, or lance.wilke@uss.salvationarmy.org.
AQUATICS

DROP-IN WATER FITNESS

Aqua Zumba
Aqua Zumba, an invigorating work out that combines the Latin Zumba flavor rhythm and dance steps in the pool, offers a fun but challenging water-based, body-toning workout. Starting in June.

Aqua Aerobics
Great way to get in shape without all the impact stressors associated with land programs. A variety of classes will be offered from aggressive programs to “gentle.” Unless specifically noted all aquatic aerobics classes are Drop-In Classes.

Aqua Bootcamp
Aqua Bootcamp is a fun and high-intensity aquatic fitness class with music consisting of aerobic and strength training exercises to improve strength, speed and power. This aquatic class is appropriate for all skill-levels with the instructor providing modifications for all beginner levels.

Lap Swim
Lap swim is free to all members and day pass users. Number of lanes available may be reduced depending on Aquatics programming. During heavy use, lanes may be designated for circle swim only (always on the right side of the lane). Lanes will be designated as slow, intermediate and fast, allowing multiple users per lane. See Aquatics Schedule for specific Lap Swim times.

Open Swim
Open to all. Age 13 and above allowed without parent. Free to all members and day pass holders. Adult guardian required for children 12 and under. All Non-swimmers in the pool must have an adult guardian within arm’s reach at all times. Proof of swimming ability may be required at any time by staff. All children must pass swim test for use of lap pool (see aquatics office for details). All open swimming is free to members and day pass users.

Private Swim Lessons
Learn to swim, improve your stroke, or meet your fitness goals. In the 30-minute private lesson, our coaches will work with you one-on-one, or in a partner setting to reach your goals. Starting May 1.

Ages: 3+
Call: (830) 315-5762 to schedule lesson
Fee: Kroc member/BGC member, $30 per lesson; potential member, $35 per lesson

SPECIAL NOTES

• At all times, all non-swimmers must be within arm’s reach of an accompanied adult (17+).

• Pools subject to closure at the discretion of the Lead Lifeguard for issues including, but not limited to: maintenance, contamination, or weather.

• Inclement Weather Protocol - pools are closed during the following conditions:
  - Rain storms with hail, lightning, thunder, wind and/or severe weather alerts
  - When the air temperature is below 55°F/the water temperature is below 76°F. Kerrville Time and Temperature: (830) 257-3030
  - Maintenance or repair work that requires immediate attention.

See the full aquatics schedule at the Kroc Center Front Desk or call (830) 315-5762
**FULL CLASS DESCRIPTIONS**

**Level 1**  
Introduction to Water Skills  
This course begins to develop positive attitudes, good swimming habits and safe practices in and around water.  
**Ages:** 3-5 years  
**May Sessions:**  
Monday-Thursday  
4-4:45 pm or 5-5:45 pm  
**June-August Sessions**  
Monday-Thursday  
9:30-10:15 am

**Level 2**  
Fundamental Aquatic Skills  
Gives participants success with fundamental skills, including learning how to float without support and return to the vertical position.  
**Ages:** 6 and up  
**May Sessions:**  
Monday-Thursday  
4-4:45 pm  
**June-August Sessions**  
Monday-Thursday  
9:30-10:15 am

**Level 3**  
Stroke Development  
Builds on the skills in Level 2 by providing additional guided practice and stroke development in deeper water.  
**Ages:** 6 and up  
**May Sessions:**  
Monday-Thursday  
4-4:45 pm  
**June-August Sessions**  
Monday-Thursday  
9:30-10:15 am

**Level 4**  
Stroke Improvement  
Develops participants’ confidence in the strokes learned in Level 3 and improves other aquatic skills.  
**Ages:** 6 and up  
**June-August Sessions**  
Monday-Thursday  
10:15-11 am

**SWIMMING ABILITY QUICK REFERENCE CHART**  
The following are considered the minimum skill requirements for each level.

<table>
<thead>
<tr>
<th>Level 1</th>
<th>Level 2</th>
<th>Level 3</th>
<th>Level 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child can get their head wet, but not have any other skills.</td>
<td>Child can float.</td>
<td>Child can swim crawlstroke and backstroke.</td>
<td>Child can swim a lap and tread water in the deep end.</td>
</tr>
</tbody>
</table>

---

**Winter Swim Lessons & Swim Team are coming!**  
contact **830-315-5762** for more info

---

**SWIM LESSONS 2020**  
Registration Starts April 6 • Online Registration Available  
**Fees:** Kroc/BGC member $40 • potential member $50  
201 Holdsworth Drive • (830) 315-5762 • kerrvillekroc.org

<table>
<thead>
<tr>
<th>Session A</th>
<th>Session B</th>
<th>Session C</th>
<th>Session D</th>
<th>Session E</th>
<th>Session F</th>
<th>Session G</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 4-15</td>
<td>May 18-29</td>
<td>June 1-11</td>
<td>June 15-25</td>
<td>June 29-July 9</td>
<td>July 13-23</td>
<td>July 27-August 6</td>
</tr>
<tr>
<td>(Level 1, 2 &amp; 3 only)</td>
<td>(Level 1, 2 &amp; 3 only)</td>
<td>(No class May 25; makeup May 29)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* Two-Level 1 classes will be offered in Sessions A & B
KROC POOL RULES

1. Obey lifeguard instructions at all times.
2. Swim attire required. (No colored T-shirts, jeans, or loose clothing.)
3. Open swim: Children 12 and younger must be accompanied by an adult.
4. No running, pushing, horseplay, or piggy back rides.
5. No gum, food, or glass containers in the pool area.
6. Children 2 and younger must wear a swim diaper.
7. No photography or videography.
8. Non-Swimmers must be accompanied by an adult in the water within arm’s reach.
9. No outside food, drinks and coolers.
10. Pool subject to closure at the discretion of the Lead Lifeguard for issues including, but not limited to: maintenance, contamination, or weather.
11. Must be a minimum of 4-feet tall to ride water slides.

FAMILY FUN NIGHT

Bring your family and friends out to the pool for a fun-filled evening of swimming, hamburgers, snow-cones and a bounce house!
Dates: June 11 & 25, July 9 & 23 and August 6
Time: 6-8:30 pm
Fee: For ages 1-17, $2 for Kroc/BGC members; $5 for potential members. For ages 18+, $3 for Kroc/BGC members; $6 for potential members

Our Water Park Is Open Every Day!
STARTING JUNE 1
Monday-Friday, 1-8 pm • Saturday & Sunday, 1-6 pm
Featuring
Two water slides
must be 4 feet tall to ride
Basketball goal
Splash Park
Climbing wall
* See front desk for current schedule

Surprise! There’s something new at RJs!
See Page 27 for more info!
Like a KROC Star!
Have your birthday party at the KROC!

Pool Party • Teen Lounge Party • Gym Party
After Hours Pool Party • Building Block Party
Bounce Bash • Ice Cream Party • Slushie Party
You Name It!

Let the KROC Host Your Next Event!
Great events begin with a great venue: The Kerrville Kroc Center offers a beautiful setting that can make any gathering grand. From a conference for a dozen to a seated meal for hundreds, we have the facilities and staff to help you create the desired ambiance for your event.

CALL TODAY!
830-315-5773

Expires 6-30-20
The Salvation Army Boys & Girls Club of Kerrville...

is devoted to helping kids, ages 5-17, in our community build great futures. The Boys & Girls Club mission is “To enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsible citizens.”

Our Club offers an afternoon snack, homework assistance, and specific Boys & Girls Club program areas. The Boys & Girls Club provides an array of programming and daily activities from the six core Boys & Girls Club areas: Life Skills, Education, Character Development, Sports and Fitness, Recreation, the Arts and Spiritual Development. We apply an outcome-driven club experience for youth with Academic Success, Healthy Lifestyles and Good Character and Citizenship in mind. Our CPR and First Aid certified Staff work to create fun, engaging activities that spark imagination, curiosity, and interest. We want to inspire and encourage your kids to BE GREAT.

For more information on The Boys & Girls Club programs, Scholarships opportunities or on how to enroll your child or children, please contact:

Deanna Blevins, BGC Director (830) 315-5768
Elaina Beard, Assistant Director (830) 315-5795

Day Camps

Spring Camp • Spring Break
Breakfast, Lunch and Snack provided as well as Swimming and a Field Trip!
Session: Monday, March 16- Friday, March 20 7:30am-6:30pm
Registration Dates: Feb. 18-21
(Registration will take place at Boys & Girls Club Desk)
Fee: $30 Registration fee for New/Inactive Members; $40 late registration. $100 per child

Summer Camp
All of the benefits of our Boys & Girls Club in a Day Camp! Breakfast, Lunch and Snack provided! Members will be allowed to swim twice a week and take one field trip per week, no additional charge! Kiddos will also experience Vacation Bible School. See more information on page 6

After School Program
The Salvation Army Boys & Girls Club offers a safe and fun environment for youth after school! We are a licensed facility with trained staff! Members rotate to different program areas with age-specific groups.

Dates: Aug. 19-May 29
Days & Times: Monday-Friday 3-6:30 pm
(Local elementary school buses pick up from KISD Elementary Schools; Kroc bus picks up from Ingram Elementary, BT Wilson and Peterson middle schools)

Registration: In House
New Member/Inactive members: Contact 830-315-5768 or 830-315-5795
Fee: $40 registration fee to secure child’s spot; $125 per month per child

Scholarships
The Salvation Army Kroc Center is pleased to award scholarships for youth programs based on financial need. Applications are available upon request.

Torch Club
Torch Club is the “student council” of Boys & Girls Club! It provides an opportunity for our club members to gain leadership skills and service experience.

Club 3:16
Club 3:16 is Bible-based curriculum similar to scouting. The children learn life skills and character building through life lessons and activities earning them badges upon completion.

Days & Times: Tuesdays 4-5 pm

YADI
The Salvation Army and the Search Institute have a partnership known as the Youth Asset Development Initiative (YADI). Each month the Kroc Center focuses on one to two special assets (building blocks for youth’s future) with Boys & Girls Club members.
TEEN PROGRAMS

TEEN Lounge – FREE
The Teen Lounge, always supervised by adult, is a great place for teens, ages 13-17. Members participate in civic engagements, leadership opportunities, prevention programming, homework assistance, tournaments and also just have a fun place to hang out.

Days & Times during school year:
Monday, Wednesday & Friday - 4-8 pm
Tuesday & Thursday - 4-6 pm
Fridays during Football season – CLOSED for Home games!

Summer Hours:
Monday, Wednesday, Friday – 1-6 pm
Tuesday & Thursday – CLOSED for Teen Academy.

Summer Teen Academy
The Salvation Army Boys & Girls Club offers a Summer Teen Academy that promotes life skills, prevention programming, and college and career preparation. This program is scheduled to include college campus tours, how to apply for college, leadership training, how to interview for a job, as well as tasks like how to change a flat tire! Will offer guest speakers and much more.

Ages: 13-17
Registration: April 27 - May 1
Days & Times: Tuesdays and Thursdays 9 am-4 pm
Fee: $10 registration fee (additional fees may be needed for field trips; students will be notified in advance)
Lunch provided at Noon each day.

Junior Staff
If you are between the ages of 13-17, and enjoy being a positive peer and working with youth ages 5-12, consider applying for Junior Staff. The position is a Summer of service working with the Salvation Army Boys & Girls Club staff. Through participation in Jr. Staff, teens develop interpersonal skills, a strong work ethic, and a sense of community engagement while experiencing on-the-job club work shadowing and assisting current staff.

Application pick up dates: April 27-May 1
Application due: May 8
Interviews to be held: May 13

For more information on The Club, Scholarships opportunities or how to enroll your child/children, please contact us at:

BGC Director Deanna Blevins
830-315-5768
Assistant Director
Elaina Beard
830-315-5795
Child Watch
Parents can drop off their children ages 1-6 for up to 1-1/2 hours while they utilize the Kroc. Children are fully supervised. Free with family membership. Punch Cards are now available.
Fee: $2 per session for non-family memberships
Days & Times:
Monday – Friday, 8 am-1:15 pm & 3-7:30 pm; Saturday, 8 am-12 pm

TWEEN Lounge
Is your kiddo a little too old for Child Watch or too young for Teen Lounge? We’ve got you covered! Parents can utilize the Tween Lounge for a maximum of 2 hours while tweens, ages 6-12, are fully supervised.
Days & Times During School Year:
Monday-Thursday 4-8 pm
Saturdays 8 am-NOON
Summer Hours:
Monday-Thursday 9 am-1 pm & 4-8 pm
Friday 9 am-1 pm
Saturday 8 am-NOON

TEEN Lounge – FREE
The Teen Lounge, always supervised by adult, is a great place for teens, ages 13-17. Members participate in civic engagements, leadership opportunities, prevention programming, homework assistance, tournaments and also just have a fun place to hang out.
Days & Times During School Year:
Monday, Wednesday & Friday - 4-8 pm
Tuesday & Thursday - 4-6 pm
Fridays during Football season – CLOSED for Home games!
Summer Hours:
Monday, Wednesday, Friday – 1-6 pm
Tuesday & Thursday – CLOSED for Teen Academy.

Operation: P.L.A.Y.
Kids fitness classes. Your kids will join our certified fitness staff for fun yet energetic workouts to help them stay healthy!
Ages: 7-12 years old
Days & Times: Tuesdays & Thursdays, 5:30-6:30 pm
Free with family membership!
Contact (830) 315-5762 or (830) 315-5764 for more info.

Cub Scouts
The Salvation Army’s Cub Scout pack is available to boys grades 1-5. Cub Scouts, a component of Boy Scouts of America, teaches young men to be respectful, responsible and to always do their best at everything they do. Meetings are hosted weekly at the Kroc Center.
Days & Times: 6:30-7:30 pm every Tuesday
Fee: $12 initial fee w/additional materials and/or activity fees

Easter Eggstravaganza
Join us for the fun!
Saturday, April 11 • 10 am -1 pm

Easter Egg Hunts
25,000 Candy-Filled Easter Eggs
Bounce Houses • Face Painting
Arts & Crafts • Carnival Games
and more!
The Kroc School of Music is a 14-week program designed for beginner students interested in exploring a musical instrument. Students meet once a week for 30-45 minutes. Test the waters by taking a trial lesson. The program will end with a final showcase featuring all students in all classes; group and private.

• **Drums** - In the beginner drum class, students will learn to identify the notes/note values to see how they relate to each other and give their respective characteristics before getting on the drum set. Once they are comfortable, they will begin to write their own phrases to not only keep them, but their peers stimulated and on their toes. Lastly, putting it all together on the set and learn how to separate different body parts to do different rhythms. 30-minute lessons held on Tuesdays and Wednesdays.

• **Guitar** - In the beginner guitar class, students will start off learning how to play, and visually recognize basic chords. Once the basics are completed, students will learn how to read music and play along to a metronome to put their beginning lessons into action.

• **Beginning Piano** – Want to learn to play the piano? Learn to play, while learning music theory including rhythm, note reading and much more in a fun group setting! Keyboards are used in class. Practicing at home is recommended. 30-45-minute lessons held on Tuesdays.

**Private Voice Lessons:** During voice lessons students will explore their vocal capabilities, finding their own voice and learn proper breathing and singing techniques. The ultimate goal is for students to foster a love and appreciation of singing and of music. 30-minute lessons held on Thursdays.

### Music Instructors

**Terrence Tyson**

I started playing percussion back in 2008 and guitar in 2012. Throughout the years I have also acquired skills in most string, brass, and woodwind instruments. While fulfilling the Lords work, I received the opportunity to travel to Mexico and France, playing music with The Salvation Army Divisional Band. Amongst the bands in the division, I have been selected to play in the top youth band the past 5 years for percussion; I now play for the top adult band. For church however, guitar has been my focus point, leading the congregation in Praise and Worship over the last couple of years. I have dedicated my time to sharing my talents with others, because I believe music can be an outlet for youth.

**Jessie Putnam**

For as long as I can remember, I have been a singer. I’ve never had a backup plan. I grew up in Kerrville and when I graduated from high school, I moved to Boston to pursue my dreams of becoming a professional singer at Berklee College of Music. I began to write songs and performing as much as possible. In 2017, I received my Bachelor of Music degree in Vocal Performance. After graduation, I began teaching private voice lessons at the Real School of Music and performing around Boston. I love helping people find their voice and sharing my experiences. This year, I released my first self-titled EP, Jessie Wren. It means everything to me, and I’m over the moon that it is now out in the world. Singing has always given me an outlet, knowing that it’s OK to be different, living and breathing through my music. It is my goal during voice lessons to help you foster a love and appreciation of singing and of music.

**LeeAnn Mitchell Aldridge**

LeeAnn Mitchell Aldridge is a 25-year veteran music teacher. She has experience at all levels of music teaching including elementary, secondary, and college-level. LeeAnn’s Master of Music degree is from Southwest Texas State University, San Marcos, Texas; Bachelor of Music degree from East Texas State University, Commerce, Texas; Associate of Fine Arts degree from Kilgore College, Kilgore, Texas. She also completed the Texas K-12 All-Level Music Teacher Certification from SWTGU.

Having taught in both public and private school settings in San Antonio LeeAnn now has turned her attention back to private teaching, which she started while still in high school. A native of Quitman, Texas, and a life-long Baptist church pianist, she began singing with her family in church at the age of 3 and began playing piano at age 5. She and her husband, Mike, were also part of the Al Sturchio Orchestra in San Antonio for 10 years, where she was vocalist and Mike played trumpet. She and her husband are also veterans of the United States Air Force, where they met while serving in the USAF Band of the West, Lackland AFB, Texas. She has a 9-year-old son, Tucker, and the family has two dogs and a cat.
Family Game Night Unplugged
Do you have a Clue that electronic devices have Monopoly on your Life? Unplug from those electronic devices and plug in to your family by playing board games. No experience necessary – all skill levels welcome. A variety of games will be available to choose from or bring your favorite board game to share for the night. Take a Risk; play with other families; you won’t be Sorry! Minimum 5 participants.
- 1st and 3rd Friday of every month, 6-7:30pm
- FREE to Kroc & BGC Members
- $5 per family for Non-members
- Refreshments sold separately at RJ’s Café

First Aid & CPR Classes
Whether your business needs to certify your employees, or you just want to be prepared; classes are available for everyone. Participants will learn necessary skills needed to attend to CPR/First Aid emergencies. Upon successfully passing all requirements, participants will earn a certification in First Aid/CPR/AED.
Group Classes Scheduled upon request;
(830) 315-5768
$60 per participant; add a box lunch for $5.

Operation: Family P.L.A.Y.
Ages 5-17 years old... Plus Parents! The same types of Active Games, Wild Challenges & Crazy Competitions we do with our Operation: P.L.A.Y. class, but now with Parents
Fridays, 5:30-6:30pm
Get In On The Fun!
Strengthen family bonds through fitness and laughter as parents and children work out, compete, and challenge one another... Together! Note: All children must be accompanied by at least one parent in each class. Beginner-Advanced.

Family Archery
The Salvation Army and our certified Archery instructors invite you to join us in our 2-hour Archery Clinics. Archery challenges you physically and mentally and is a sport that allows anyone to excel regardless of athletic ability. It provides opportunities for personal growth and encourages family involvement. We hope it will also become a tool for building your corps programs and introducing people to Jesus.
Ages: 5-15 years old
Days: March 18, 5:30-7:30 pm
Fee: Kroc/BGC Members = $25 Non-members = $35

Family Movie Night
Looking for a family friendly activity on a Friday night? Look no further...join us at the Kroc Center for a Classic Family Movie Night. Only G and PG (with permission waiver) rated movies will be shown.
- 2nd Friday of every month, 7pm Showtime
- Free Admission to Kroc and BGC Members
- $2 per Non-member
- Refreshments sold separately at RJ’s Café

Community Programs
We’re about more than exercise at the Kroc
There is something for everyone at the Kroc Center, no matter what stage of life you’re in. Some of our latest additions are events geared for the family — and whether you’re a family of six or a family of one, you’re sure to have a good time if you attend one of these.
Looking for a meaningful way to spend your extra time? Check out this list of opportunities awaiting you at the Kroc Center. Your work here will benefit The Salvation Army and the many people it serves.

Sports League Coaches and Referees
Coach youth teams or referee youth/adult games. Requires a general knowledge of specific sport, and background check. 
Dates: Vary by specific sports league.
Dates: Vary by specific sports league

Boys & Girls Club Mentors
Mentor young men and women in the Kroc’s After-School program. Requires background check.
Dates: Ongoing, once a week for four months

Nightly Meals served at The Salvation Army Shelter
Help with serving and clean up.
Dates: Ongoing, nightly starting at 6:15 pm

Family Grocery Bags at The Salvation Army Shelter
Help with preparation, handout & clean up.
Dates: Ongoing, 1st and 3rd Saturday of each month, 9-12 pm

Family Store
Assist with sorting donations as received.
Dates: Ongoing.

Easter Eggstravaganza
Supervise bounce houses, paint faces, help with arts & crafts, run carnival games, supervise the Easter egg hunt, set up and tear down, stuff eggs. Opportunities abound at this Eggstravaganza!
Date: April 11, 10 am-1 pm.

34th Annual Circle of Service Dinner
Assist with set up, preparation, serving, check-in, and cleanup.
Date: May 14, 5-9 pm.

To volunteer or intern, call 830-315-5775
why not call today?

Why is this guy smiling?
Because RJ’s Cafe is now serving slushies & rootbeer floats!

Try Our Daily Lunch Specials every Monday-Friday!
Or Our Yummy Salad Bar!

RJ’S COUPON
$3 OFF YOUR NEXT PURCHASE of $10 or more
EXPIRES 6-30-2020
March
16-20
Boys & Girls Club Spring Break Camp

April
8-10
Holy Week Services

April
11
Easter Eggstravaganza
10 am-1 pm

May
14
Circle of Service Dinner

June
1
Water Park Opens Daily

June
11&25
Family Fun Nights