Victory sports ministry

GYM Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
OPEN GYM 5:30 – 7:30 am Full Gym	**OPEN GYM** 5:30 – 8:15 am Full Gym	**OPEN GYM** 5:30 – 9:30 am Full Gym	**OPEN GYM** 5:30 – 8:15 am Full Gym	**OPEN GYM** 5:30 – 9:30 am Full Gym	Open 8:00 am	Open 1:00 pm
Pickleball 7:30 – 9:30 am Full Gym	**GYM CLOSED** **Class Set-Up** 8:15 – 8:30 am		**GYM CLOSED** **Class Set-Up** 8:15 – 8:30 am			
GYM CLOSED **Class Set-Up** 9:30 – 9:45 am	**TRX Training*** 8:30 – 9:30 am Full Gym	**GYM CLOSED** **Class Set-Up** 9:30 – 9:45 am	**TRX Training*** 8:30 – 9:30 am Full Gym	**GYM CLOSED** **Class Set-Up** 9:30 – 9:45 am	**OPEN GYM** 8:00 am - 7:00 pm Full Gym	
Body Sculpt* 9:45 – 10:25 am Full Gym		**Body Sculpt*** 9:45 – 10:25 am Full Gym		**Body Sculpt*** 9:45 – 10:25 am Full Gym		
Stretching 101* 10:30 – 11:00 am Full Gym	**Pickleball** 9:45 – 11:45 am Full Gym	**Stretching 101*** 10:30 – 11:00 am Full Gym	**Pickleball** 9:45 – 11:45 am Full Gym	**Stretching 101*** 10:30 - 11:00 am Full Gym		
Zumba* 11:05 – 11:45 am Full Gym		**Zumba*** 11:05 – 11:45 am Full Gym		**Zumba*** 11:05 - 11:45 am Full Gym		
Kroc Corps Bootcamp* 12:00 – 1:00 pm Full Gym	**PUMP!*** 12:10 – 1:00 pm Full Gym	**Kroc Corps Bootcamp*** 12:00 – 1:00 pm Full Gym	**PUMP!*** 12:10 – 1:00 pm Full Gym	**Kroc Corps Bootcamp*** 12:00 – 1:00 pm Full Gym		
Quicksilver* 1:15-2:15 pm Full Gym		**Quicksilver*** 1:15-2:15 pm Full Gym		**Quicksilver*** 1:15-2:15 pm Full Gym		**Adult Basketball League** 1:00 - 4:00pm
OPEN GYM 2:15 - 5:00 pm	**Kroc Volleyball Team Practice** 2:00-4:00pm Court B	**Kroc Basketball Team Practice** 2:30 - 4:30 pm Court B	**Kroc Volleyball Team Practice** 2:00-4:00pm Court B	**OPEN GYM** 2:15 – 9:00 pm Full Gym		
	OPEN GYM 1:15 – 5:00 pm		**OPEN GYM** 1:15 – 5:00 pm			**OPEN GYM** 4:00 – 6:00 pm Full Gym
Boys & Girls Club 4:00 - 5:00 pm Court B		**Boys & Girls Club** 4:00 - 5:00 pm Court A	**Boys & Girls Club** 4:00 - 4:30 pm Court B			
TRX Training* 5:00 – 5:45 pm Full Gym		**TRX Training*** 5:00 – 5:45 pm Full Gym				
GYM CLOSED **Cleaning** 5:45 – 6:00 pm	**Sport Leagues**** or **Open Gym** 5:00 - 7:30 pm Full Gym	**GYM CLOSED** **Cleaning** 5:45 – 6:00 pm	**Sport Leagues**** or **Open Gym** 5:00 - 9:00pm Full Gym			Close 6:00 pm
K-30* 6:00 – 6:30 pm Full Gym		**K-30*** 6:00 – 6:30 pm Full Gym				
Sport Leagues** or **Open Gym** 6:30 - 9:00pm Full Gym	**Young Adult Night Volleyball** 7:30-9:00 pm Free: Ages 18-35	**Sport Leagues**** or **Open Gym** 6:30 - 9:00pm Full Gym			Close 7:00 pm	

Summer Hours: Monday-Friday 5:30am-9:00pm. Saturday 8:00am-7:00pm. Sunday 1:00pm-6:00pm.

Effective: August 28, 2017

*Denotes Fitness Class Court A (West): Closest End Court B (East): Farthest End

Gym subject to closures throughout the year. Closure dates and times will be posted on Gym Doors and facebook.com/KerrvilleKrocSports

****When gym is unused by Sport Leagues, Open Gym will be in effect.**

Contact Kroc Center Welcome Desk (830-315-5762) fpr Sport League times, dates, etc.