



GYM Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
OPEN GYM 5:30 – 7:30 am Full Gym	OPEN GYM 5:30 – 8:15 am Full Gym	OPEN GYM 5:30 – 9:30 am Full Gym	OPEN GYM 5:30 – 8:15 am Full Gym	OPEN GYM 5:30 – 7:30 am Full Gym	Open 8:00 am	Open 1:00 pm		
Pickleball 7:30 – 9:30 am Full Gym	GYM CLOSED Class Set-Up 8:15 – 8:30 am	GYM CLOSED Class Set-Up 9:30 – 9:45 am	GYM CLOSED Class Set-Up 8:15 – 8:30 am	Pickleball 7:30 – 9:30 am Full Gym				
GYM CLOSED Class Set-Up 9:30 – 9:45 am	TRX Training* 8:30 – 9:30 am Full Gym	GYM CLOSED Class Set-Up 9:30 – 9:45 am	TRX Training* 8:30 – 9:30 am Full Gym	GYM CLOSED Class Set-Up 9:30 – 9:45 am	OPEN GYM 8:00 am - 8:00 pm Full Gym	Common Ground 1:00 - 3:00 pm Court B		
Body Sculpt* 9:45 – 10:25 am Full Gym	Pickleball 9:45 – 11:45 am Full Gym	Body Sculpt* 9:45 – 10:25 am Full Gym	Pickleball 9:45 – 11:45 am Full Gym	Body Sculpt* 9:45 – 10:25 am Full Gym				
Stretching 101* 10:30 – 11:00 am Full Gym		Stretching 101* 10:30 – 11:00 am Full Gym		Stretching 101* 10:30 – 11:00 am Full Gym				
Zumba* 11:05 – 11:45 am Full Gym		Zumba* 11:05 – 11:45 am Full Gym		Zumba* 11:05 – 11:45 am Full Gym				
Kroc Corps Bootcamp* 12:00 – 1:00 pm Full Gym		PUMPI* 12:10 – 1:00 pm Full Gym		Kroc Corps Bootcamp* 12:00 – 1:00 pm Full Gym			PUMPI* 12:10 – 1:00 pm Full Gym	Kroc Corps Bootcamp* 12:00 – 1:00 pm Full Gym
Quicksilver* 1:15-2:15 pm Full Gym		GYM CLOSED Cleaning 1:00 - 1:15 pm		Quicksilver* 1:15-2:15 pm Full Gym			GYM CLOSED Cleaning 1:00 - 1:15 pm	Quicksilver* 1:15-2:15 pm Full Gym
OPEN GYM 2:15 – 5:00 pm Court A	OPEN GYM 1:15 – 5:00 pm Court A	OPEN GYM 2:15 – 5:00 pm Court A	OPEN GYM 1:15 – 5:00 pm Court A	OPEN GYM 2:15 – 5:00 pm Court A			OPEN GYM 1:00 – 3:00 pm Court A	
Boys & Girls Club 2:15 – 5:00 pm Court B	Boys & Girls Club 2:15 – 5:00 pm Court B	Boys & Girls Club 2:15 – 5:00 pm Court B	Boys & Girls Club 2:15 – 5:00 pm Court B	Boys & Girls Club 2:15 – 5:00 pm Court B				
TRX Training* 5:00 – 5:45 pm Full Gym	Sport Leagues** or Open Gym 5:00 – 7:30 pm Full Gym	TRX Training* 5:00 – 5:45 pm Full Gym	Sport Leagues** or Open Gym 5:00 – 10:00pm Full Gym	OPEN GYM 3:15 – 10:00 pm Full Gym				
GYM CLOSED Cleaning 5:45 – 6:00 pm		GYM CLOSED Cleaning 5:45 – 6:00 pm						
K-30* 6:00 – 6:30 pm Full Gym		K-30* 6:00 – 6:30 pm Full Gym						
Sport Leagues** or Open Gym 6:30 – 10:00pm Full Gym		Sport Leagues** or Open Gym 6:30 – 10:00pm Full Gym						
	Young Adult Night Volleyball 7:30-10:00 pm Free: Ages 18-35				Close 8:00 pm	Close 7:00 pm		

Summer Hours: Monday-Friday 5:30am-10:00pm. Saturday 8:00am-8:00pm. Sunday 1:00pm-7:00pm.

Effective: June 9, 2017

*Denotes Fitness Class

Court A (West): Closest End

Court B (East): Farthest End

Gym subject to closures throughout the year. Closure dates and times will be posted on Gym Doors and facebook.com/KerrvilleKrocSports

****When gym is unused by Sport Leagues, Open Gym will be in effect.**

Contact Kroc Center Welcome Desk (830-315-5762) for Sport League times, dates, etc.